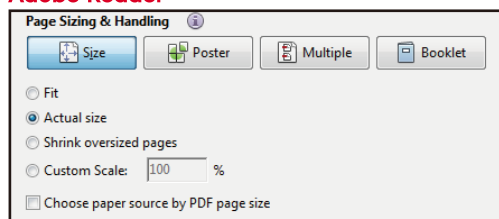


J!NS

PD MEASUREMENT GUIDE

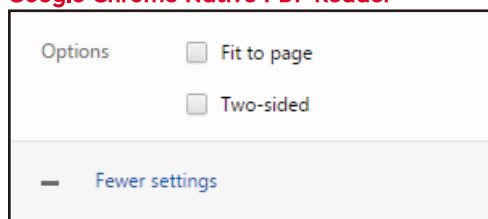
1. Print this PDF Guide on standard letter-sized paper with a print scale of "actual size."

Adobe Reader:



◀ Select
"Actual Size"

Google Chrome Native PDF Reader:



◀ Uncheck
"Fit to page"

2. Fold along the dotted line.

3. Find someone to help you (if available) for the best measurement. If no one is around, don't worry. You can still take a measurement for yourself just as easily.

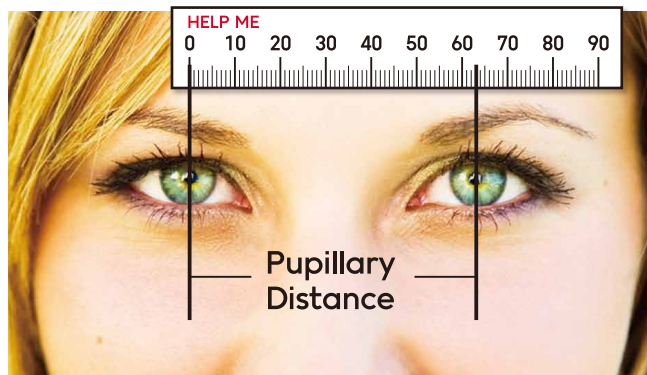
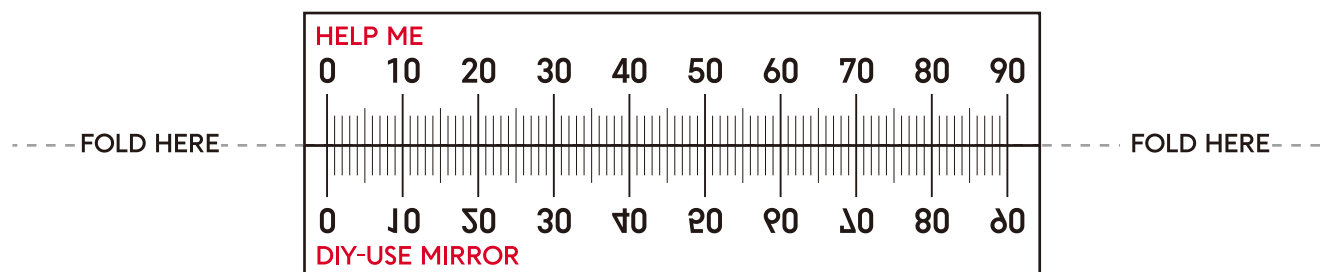
4. Place the ruler on your nose bridge and take note of the "0" measurement.

a. **Someone helping:** Have the person helping you use the "HELP ME" side, aligning "0" over your right pupil (left pupil from their view).

b. **Do it yourself:** Use the "DIY" side with a mirror, aligning "0" over your left pupil.

5. Look forward as if you were staring into the distance and mark the point on the ruler that aligns with your other pupil.

The resulting measurement is your Pupillary Distance (PD) in millimeters. Be sure to write this value on your prescription before sending it to us so we can make sure your eyewear is made properly.



Measurement Example

Place your credit card here to confirm ruler and measurement accuracy.